



XY ConneXion's All-Extensive Date Ideas List

Free Dates:

- Explore local nature (beach, mountains, desert, etc) for hiking or exploring
- Go for a picnic in the park and feed the ducks (with duck-safe food, not bread)
- Check out the local library and choose books for each other
- Volunteer together with a local charity organization
- Have some seasonal fun (build a snowman, jump in puddles, run through sprinklers)
- Take a free class at a community center
- Check out the local farmers market (the free part involves not buying anything)
- Go stargazing or watch the sunset (if you are going to make it a sexy date, do so in a private place)
- Walk around a new neighborhood and look at houses
- Play people watching bingo (find cards online or create your own)
- Get dressed up fancy and walk around the local downtown area
- Fly a kite or make paper airplanes
- Go to the dog park and watch all the cute dogs

At Home Dates:

- At-home movie night (complete with popcorn)
- Binge-watch a new series
- Play a board game or complete a puzzle
- Go camping in the living room or backyard
- Take an online quiz or personality test (or take the [XY Relational Test](#))
- Cook something new together, or teach your partner a family recipe
- Create an at-home spa day complete with massages and face masks
- Build a blanket fort and spend the whole night there
- Attempt to draw portraits of each other
- Do an at-home wine tasting (make it a blind tasting by covering the labels)
- Plan a detailed vacation to a random location (only actually purchase if sober)
- Share songs, poems, or other art that you enjoy



- Try couples yoga or pilates
- Each learn something new and teach it to each other
- Read a book together, whether it be fiction, nonfiction, self-help, a relationship book like [XY Theory](#), or any other genre
- Plant a garden or inside herb garden
- Go through pictures together, whether it be of your relationship or childhood
- Buy a deck of conversation cards or a couples game
- Create a scavenger hunt for each other
- Throw a dinner party or game night with friends
- “Shop” for pets online (but don’t actually buy them without considering the responsibility and attention pets require)
- Have a tie dye party or some other craft activity
- Learns something new by taking an online course, like one of our [relationship strengthening courses](#) (we hope you enjoyed our shameless plugs)
- Watch a sports game with a sport or team you don’t follow
- Put a movie on mute and try to lip-read what they are saying

Local Dates:

- Check out shows and performances at your local theaters and comedy clubs
- Visit a local museum or art gallery (check with your credit card and other subscriptions /resources for free entry days)
- Check Groupon and similar sites for local deals
- Go to Costco and eat samples as a meal (requires Costco membership)
- Take a free DIY class at Lowe’s, Michaels, or similar stores
- Try an escape room and test your communication skills
- Find a local food truck or restaurant you’ve been wanting to try
- Window shopping at the local mall or downtown area
- Look for street fairs and yard sales
- Attend an author’s reading at Barnes and Noble or a local bookstore
- Go horseback riding on the beach or through the mountains
- Try a sport together like tennis, pickleball, etc.



- Take a drive and explore your area, or head to the next town over
- Check out a local winery, distillery, or brewery
- Head over to an antique store, estate or yard sale, or thrift shop
- Trivia night at your local bar or gathering place
- Attend a lecture at a local college or community center
- Laser tag, paintball, trampoline park, ax throwing, arcade, go kart, bowling, mini golf, etc.
- Find an ice skating rink (perhaps indoor if it's summer) or roller skating rink
- Go to a concert, even if you don't know the performer
- Relive your first date or favorite date
- Try multiple food trucks

All-Day or Overnight Dates:

- Drive to the nearest national park or nature preserve
- Take a ski/snowboarding/tubing trip for winter, and quading/duning for summer
- Do an adrenaline activity such as skydiving, ziplining, or bungee jumping
- Go camping for the night or weekend
- Pick a town near you and play tourist for a day/weekend
- Pick a direction and drive until you need to pull over for gas
- Head over to the zoo or aquarium
- Go apple or berry picking at a farm
- Go rock climbing at a gym or out in nature
- Check out a water park or amusement park
- If you're near a body of water, go kayaking for the day
- Rent a convertible for the day and take it for a trip
- Find a fun AirBnb or hotel and book it for the night or weekend

Sexy Dates:

- Play strip chess/Mario Kart/Hangman/any other game (get creative with it)
- Buy some new lingerie or sex toys
- Dirty Truth or Dare
- Naked Twister



- Just spend some time making out on the couch
- Buy some massage oil and learn how to give each other massages
- Stay a night in a fancy hotel
- Pretend you and your partner are on a first date again
- Take dance lessons such as the tango or salsa
- Read a sexy book to one another

Long Distance Date Ideas:

- Go on a walk together while on the phone
- See what museums or art galleries offer virtual tours
- Take a virtual class such as painting or cooking
- Buy the same bottles of wine and have a wine tasting over Zoom
- Watch the same movie together, either through screen share or time matching
- Play online games together through an app or website or online escape room
- Read the same book or listen to the same audiobook, and then discuss together
- Try making the same meal or cocktail
- Stargaze from your different locations (it's the same sky)
- Plan a future trip together (or fantasy vacation)
- Write love letters and watch as your partner reads it
- Put on a fashion show over Zoom (casual clothes, fancy outfits, or lingerie)